

This thesis is written in the form of a journal article from *Developmental and Comparative Immunology*

Declaration

I wish to acknowledge the following assistance in the research detailed in this report:

Dr. David Raftos, Dr. Sham Nair, Mr. Julian May

All other research described in this report is my own original work.

Shanta C. Nair

8/12/2015

Epigenetic regulation of immunity: Methylation profiling in the mealworm
beetle, *Tenebrio molitor*

42449847

Nair, Shanta^a

Balacclava Road, North Ryde NSW 2109

^a Macquarie University, Department of Biological Sciences

Author email: shanta.nair@students.mq.edu.au

Abstract

Immune responses incur a large energy cost for organisms. Hence, environmental conditions such as nutritional status may change how an organism's immune response genes are expressed, and these changes can be inherited by offspring. At the centre of this is the concept of epigenetics: the process by which environmental factors alter an organism's DNA expression. These changes can be heritable, and so it is widely hypothesized that epigenetics is the key mechanism driving the co-evolution of hosts and parasites. This study used *T. molitor* to investigate the regulatory role of a particular type of environmentally induced epigenetic change, methylation, on immune response levels. Beetles were subjected to different starvation treatments before being presented with a bacterial immune challenge. Immunoassays and methylation sensitive AFLP demonstrated that methylation patterns in this species are subject to change following a period of starvation, and that starvation downregulates phenoloxidase activity levels.

KEYWORDS: Epigenetics, methylation, phenoloxidase, *Tenebrio molitor*

Notes on Thesis Preparation

This thesis has been formatted according to the guidelines for the journal Developmental and Comparative Immunology, as a manuscript for publication. Line numbers have been included for ease of examination, and the Introduction section is slightly extended relative to a standard journal article.

1. Introduction

Preface

The ability of an organism to distinguish “self” and “not-self” at the cellular and molecular levels forms the heart of immune theory, and has directed immunological study throughout its history (Burnet, 1969). The majority of immunology centres on vertebrates, where the immune response takes the form of either non-specific (innate) or highly specific (adaptive) sets of defense mechanisms (Burnet, 1969). The non-specific response is primarily instigated by pattern recognition receptors (PRRs) recognizing pathogen-associated molecular patterns (PAMPs) on not-self cells (Shrestha and Kim, 2010). In contrast, the specific (adaptive) response relies on the accumulation of memory T-cells and B-cells to prime against future pathogenic exposure. Both systems rely heavily on the expression and recombination of host immune response genes (Shrestha and Kim, 2010). While vertebrate immunity has been studied in depth, analyses of invertebrates have thus far served primarily as model organisms to infer the evolution of vertebrate immunity. Despite the biodiversity and evolutionary success of insects (Vilcinskas, 2013), studies involving insects have traditionally asserted that this group possesses only non-specific immune systems, lacking an adaptive component (Dheilly et al., 2014; Vilmos and Kurucz, 1998). This reflects a paucity of information. The traditional anthropocentric approach ignores the majority of Earth’s multicellular biodiversity. It also ignores the true variety of highly specialized and effective invertebrate immune responses (Haine et al., 2008 B) and their taxon-specific ecological adaptations (Dheilly et al., 2014). In this context, the insect world must form the foundations for our concept of modern immune theory alongside our understanding of the vertebrate (primarily mammalian) immune system. Remedying this gap in knowledge will rely heavily on studying the genetic mechanisms underlying immunological adaptation in insects, with particular emphasis on environmental factors that alter gene expression. Among the many available options for the regulation of immunity, such studies may be able to characterize the potential for epigenetic changes as a functional mechanism for host-parasite co-evolution and/or evolutionary ecological immunity (Vilmos and Kurucz, 1998). This Introduction will focus on insect immune responses as a way to inform the next-generation of molecular studies that may transform our broad understanding of immunology. The Introduction focuses on studies of the mealworm beetle, *Tenebrio molitor*, as a model organism. It investigates the molecular and biochemical responses associated with environmental change and its putative effects on the beetle immune system.

1.1 Host-Parasite Coevolution

Implications for Ecology

Host-parasite coevolution theory, or the “Red Queen” hypothesis, is central to evolutionary immunology (Vilcinskis, 2013). The theory suggests that pathogens and their hosts are at odds in an ongoing evolutionary arms race, each seeking strategies to outcompete the other. If we consider the impressive biodiversity of insects as indicative of their evolutionary success in this context, the mechanisms that drive insect immunity appear to be highly efficient (Vilmos and Kurucz, 1998). From this, Vilmos (1998) proposed that the insect immune system is a homologue of the mammalian innate immune response. As insect immune systems had not previously been confirmed to have an adaptive component involving immunoglobulin antibodies, studies have since concentrated on documenting alternative systems utilized by insects (Dheilly et al., 2014).

If we accept that innate immunity must form the basis for the insect immune response, then it follows that maintaining an innate immune response against a pathogen would incur considerable fitness costs to the individual (Armitage, S. et al., 2003). Armitage and colleagues (2003) examined the costs of maintaining an investment in innate immunity in the mealworm beetle *T. molitor*, and found a longevity cost associated with producing an encapsulation response (part of the insect immune arsenal). Interestingly, there was no similar effect observed in association with a constitutive (or prophylactic) response against infection. This indicates that the ability to protect against infection is an efficient choice in terms of fitness costs, and suggests that there must be a mechanism for insects to adapt and respond to an infection that staves off re-infection (Armitage, S., et al., 2003).

Antimicrobial peptides (AMPs) have been put forward as a putative mechanism for such rapid adaptation (Vilcinskis, 2013). Vilcinskis (2013) suggests that insect AMPs may have a role beyond immune defense, functioning to regulate beneficial endosymbiotic species for the host. This argument stems from the author’s assertion that, as insects are the most biodiverse group of organisms on earth, they show an unprecedented ability to adapt rapidly to pathogenic environments, which in turn are rapidly evolving (Vilcinskis, 2013). This extension of the host-pathogen “Red Queen” hypothesis suggests that insect AMP repertoires expand and diversify to reflect these host-parasite relationships. This concept weighs against arguments that predict the loss of immune response genes in favour of less costly adaptations, such as social immunity. Hence, the need for examination of insect AMPs and their roles, along with a broader re-examination of host-parasite coevolution, becomes apparent.

62 Insect Studies: Immunology and Ecology

63 In 2003, a new investigative field (“ecological immunology”) began to emerge that sought to address
64 the role of insect immunity within an ecological context (Rolff and Siva-Jothy, 2003). Ecological
65 immunology represents a growing field in biology, in which ecology and immunology are synthesized
66 to characterize variation in immune responses. By examining the causes and effects of immune system
67 variability within ecosystems, immune responses themselves may be better characterized and their role
68 in ecological processes better understood (Rolff and Siva-Jothy, 2003). The amount of interest
69 generated by ecological immunology in the scientific community over the past decade is testament to
70 its importance—and also highlights the need for molecular insights to reconcile immunological
71 observation with evolutionary theory (Martin et al., 2011).

72 The search for genetic mechanisms to characterize immune variation at the molecular level has a long
73 history. Early work speculated that immune responses in insects must be under frequency-dependent
74 selection. This mechanism would account for and maintain high levels of variation in immune
75 response genes even as natural selection seeks to minimize variation in other traits involved in fitness
76 (Cotter et al., 2003). However, Cotter et al. (2003) cautioned against using broad heritability studies
77 alone to characterize immune responses, citing it as being too indirect a method to accurately examine
78 pathogen-induced responses (Cotter et al., 2003).

79 Studies since appear to have focused on just one component of immune responsiveness at a time, for
80 example phenoloxidase activity. Phenoloxidase activity in particular has the ability to serve as a proxy
81 for overall immune responsiveness (González-Santoyo and Córdoba-Aguilar, 2012). The consensus of
82 the recent work is that the phenoloxidase cascade incurs considerable costs for the individual, with
83 repercussions for host fitness. González-Santoyo and Córdoba-Aguilar (2012) suggest that future work
84 needs to be focused on the complex chemical processes and interactions underlying phenoloxidase-
85 based immune responses (González-Santoyo and Córdoba-Aguilar, 2012). Once again, it appears that
86 more quantitative studies are required to reconcile the complex interactions of genotype, environment,
87 and immune response.

88 An early quantitative study of insect immune responses proposed that females gain a genetic benefit
89 from selecting males that are more resistant to parasites as mates (Hamilton and Zuk, 1982). From this
90 premise, Siva-Jothy and Thompson set out in 2002 to assay immune effector activity in an insect
91 species to identify the costs involved in producing an immune response. They investigated
92 phenoloxidase immune responses in *T. molitor*, comparing the responses of starved beetles against

those raised under optimal conditions. It was found that immune responses were downregulated during short-term starvation, and that this effect was reversed after normal feeding was restored. This suggested a link between an environmental stress (starvation) and immune system regulation (Siva-Jothy and Thompson, 2002).

Subsequently, the effects of immune effector activity over time have been investigated by quantitatively measuring immune responses in the form of antimicrobial peptides and the phenoloxidase cascade (Haine et al., 2008 A). Over a period of time, *T. molitor* exposed to different live and dead pathogens were found to increase the production of haemolymph AMPs immediately following a bacterial challenge, and that this response was maintained for approximately fourteen days. No concurrent response in phenoloxidase activity was noted, suggesting that phenoloxidase is not solely responsible for maintaining a long-lasting immune response (Haine et al., 2008 B). This temporal regulation of an immune response again suggests a trade-off in terms of costs and benefits for maintaining a specific immune response. It also suggests that there is complex set of interactions between the environment and immunity at the molecular level, as a long-term immune response indicates both the presence of an environmental stimulus to elicit it and an underlying mechanism to respond to stimuli.

Similarly, Lee et al. (2008) examined the effect of differences in dietary protein on phenoloxidase activity and melanization in the caterpillar *Spodoptera littoralis*. Comparisons between treatment groups fed high-protein quality and low-protein quality diets showed higher antibacterial activity with a high-protein diet. Interestingly, the study found that phenoloxidase activity was not affected by dietary protein levels. These results do not concur with previous studies, such as those of Siva-Jothy and Thompson (2002). Such differences may be due simply to differences between taxa in metabolic processes and feeding habits. However, they highlight the need for further study into inducible immune responses in invertebrates, and raise the question of to what extent the environment dictates immune response activity.

123 1.2 Strain-Specific Immunity and Transgenerational Effects

124 Constitutive vs. Strain-Specific Defenses

125 The question of nonspecific responses vs. strain-specific immunity in insects has presented
126 opportunities to expand our knowledge of immunology as a whole, as well as the opportunity to inform
127 ecological studies in a broader context. For example, persistent antimicrobial activity vs. constitutive
128 defense in *T. molitor* was evaluated by monitoring the success of bacterial clearance (Haine et al., 2008
129 A). The premise of this study was that the pathogens of insects rarely exhibit microbial resistance
130 against insect immune responses. This implies that the induced immune responses of insects may work
131 to suppress persistent bacterial infections within the host, rather than clearing the infection outright. By
132 maintaining a suppressed population of bacteria, insects could employ a strategy that is entirely
133 different to the approach taken by modern antibiotic medicine (Haine et al., 2008 A).

134 This emphasizes the importance of further insect studies. It also raises the question of whether forms of
135 adaptive immunity exist in invertebrates. Clearly, insect species show the ability to respond to
136 environmental conditions in terms of their immune responses (Haine et al., 2008 B). More specifically,
137 the survival benefit of previous pathogenic infection through induced prophylactic immune response in
138 *T. molitor* has been studied to test the principle that previous infection indicates a higher risk of
139 reinfection in the near future. While acquired immunity involving immunoglobulin antibodies is not
140 present in invertebrates, the presence of reinfection risk following initial exposure indicates the need
141 for a prophylactic response. In this context, pre-exposed *T. molitor* show a survival benefit to
142 subsequent fungal infections (Moret and Siva-Jothy, 2003). This led to the concept of immune priming
143 as an analog of the specific immune memory found in vertebrate species (Schmid-Hempel, 2005). The
144 need for further study into invertebrate host-parasite interactions is emphasized. This would allow us to
145 isolate ecologically or evolutionarily significant relationships that may indicate such a response. Figure
146 1 (below) shows the author's representation of the insect immune system, reflecting a network of
147 complex interactions that reflect a long evolutionary history (Schmid-Hempel, 2005).

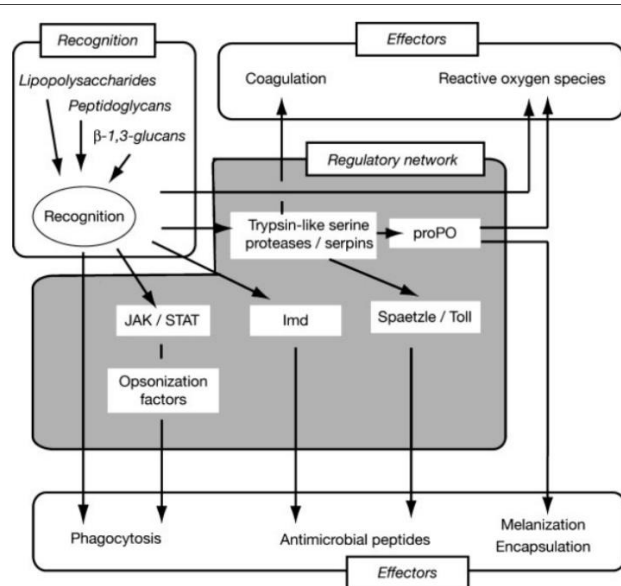


Figure 1. Summary of recognition, regulation, and effector mechanisms in the insect immune system, illustrating the complexity of the insect immune response as the result of a long evolutionary history. (from Schmid-Hempel, 2005).

immunity, laying the groundwork for future molecular studies to elucidate the mechanistic basis of this phenomenon (Schmid-Hempel, 2005).

Transgenerational Immune Priming (TGIP)

If we accept adaptive immunity as a newly discovered facet of the insect immune response, it follows that such adaptive changes may result in heritable trait changes as part of host-parasite coevolution. It had been assumed that invertebrates possess only innate immunity, as their lack of immunoglobulin antibodies, T-cell receptors and a major histocompatibility complex prevents adaptive immunity of the type seen in mammals (Little et al., 2003). This idea has since been challenged, with the argument that some invertebrates show forms of acquired strain-specific immunity as a result of sociality or population density. Maternally conferred strain-specific bacterial immunity in an invertebrate model was investigated by Little et al. (2003). They found increased survival of *Daphnia magna* infected with a bacterial strain when subjects' mothers had also been infected with the same strain prior to breeding (Figure 2; Little et al., 2003).

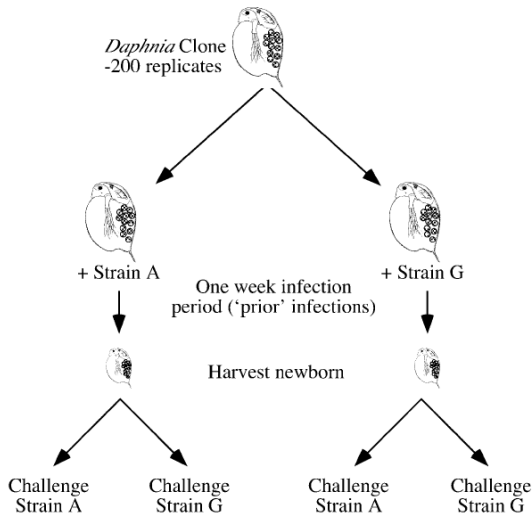


Figure 2. Experimental design to observe transgenerational immune priming via maternal transfer of resistance to infection. (from Little et al., 2003).

This represents one of the first studies investigating the transfer of immune response capabilities between generations, and gives an early example of transgenerational immune priming (TGIP). As such, it represents a synthesis of adaptive innate immunity and host-parasite coevolution (Little et al., 2003).

Building on the work of Moret and Schmid-Hempel, functional relationships concerning invertebrate immunity have been investigated in an evolutionary context (Sadd et al., 2005). Immunoassays on *Bombus terrestris* revealed higher levels of induced antibacterial activity in the offspring of queen bees that had been given an immune challenge (Sadd et al., 2005). Similarly, bacterial lipopolysaccharides were used to induce immune reactions in *Tenebrio* beetles over the course of two generations (Moret, 2006). Parental exposure to this pathogen-associated molecular pattern improved offspring immunity to the pathogen. Further examination of *T. molitor* TGIP in females found that smaller females invested more in their own immune response, at the expense of their egg production (Moreau et al., 2012). This indicates a trade-off between immunity and reproduction. Natural selection would suggest reproduction as the biological imperative, meaning that reproduction should receive the bulk of an individual's resource investment. However, in the case of *T. molitor*, short generation times plus the species' low dispersal rates favour transgenerational infection, and hence TGIP as a more efficient use of resources to ensure survival.

182 Following this, a study on the effects of TGIP on developmental stages of the tobacco hornworm,
183 *Manduca sexta*, found that phenoloxidase activity of unchallenged larvae, pupae, and adult offspring
184 differed, whereas no variation occurred in immunochallenged parents. This suggests that while
185 transgenerational immune priming has significant, observable effects on insect immunity, these effects
186 may not be obvious from current studies, and may form more complex interactions at the molecular
187 level (Trauer and Hilker, 2013).

188 1.3 Epigenetics: A Mechanism for Immune Priming

189 Overview

190 Epigenetic change refers to modifications to the DNA or to histones that alter gene expression without
191 changing the underlying genetic sequence. For example, the addition of methyl groups to cytosine
192 bases (methylation) changes the shape of the DNA, and hence its interaction with transcription factors
193 (Romanoski et al., 2015). Methylation alters the way a particular gene is expressed, without changing
194 the gene itself, and so is reversible (Jaenisch and Bird, 2003). This makes methylation a key
195 mechanism for modification of gene expression by environmental conditions. As early as 2003, it was
196 widely accepted that epigenetic changes could dictate physiological responses to the environment
197 (Jaenisch and Bird, 2003). More recently, methylation has been investigated in more detail, and has
198 been established as a “silencing” mechanism (Jones, 2012). With improved genome-wide mapping
199 techniques, it is now possible to examine methylation in different situations and determine its different
200 effects. Particular emphasis has been placed on the role of methylation in regulatory elements, such as
201 transcriptional start sites and repeat sequences (Jones, 2012).

202

203 Molecular Techniques and Insect Studies

204 In recent years, next-generation sequencing techniques have allowed more fine scale comparison
205 between insect species and taxa at the molecular level (Dheilly et al., 2014). It also has the potential to
206 revolutionize the study of epigenetic changes in invertebrate species. Recently, a whole-genome
207 profile of methylation in the jewel wasp, *Nasonia vitripennis*, was published (Beeler et al., 2014).
208 Similar analyses can be used to investigate the mechanism behind transgenerational immune priming
209 and the environmental factors that influence this process.

210

211 1.4 Nutrition and Immunology in *Tenebrio molitor*

212 Previous studies involving nutrient deprivation and immune challenge showed not only that immune
213 response in *T. molitor* change following an environmental stressor, but also that these changes are
214 transferred to offspring (Moret, 2006; Siva-Jothy and Thompson, 2002). Further, *Tenebrio* beetles have
215 a relatively short generation time and are easy to maintain in captivity, making them an ideal model
216 organism for such studies (Siva-Jothy and Thompson, 2002). More detailed investigations of the effects
217 of nutrient deprivation on immune responses would be able to make use of modern molecular
218 techniques to assess methylation signatures at immunoregulatory regions of the genome as a way of
219 resolving the molecular mechanism responsible for TGIP.

220 However, using *Tenebrio* as a model organism presents significant challenges, as DNA extraction from
221 beetles is problematic. Different methods of DNA extraction in insects have been published in recent
222 years, resulting in successful protocols for extracting PCR-competent DNA from several invertebrate
223 taxa (Gillings, 2014; Chen et al., 2010). This has resulted in the genome sequencing of many insect
224 species and has facilitated gene function and expression studies. *T. molitor* does not have a fully
225 sequenced genome to date, even though a complete genome sequence exists for a closely related
226 species (*Tribolium castaneum*), (Richards et al., 2008). Despite this, there has been considerable
227 progress made in identifying and annotating *T. molitor* genes related to immune function, including the
228 annotation of expressed sequence tags and cDNA libraries (Dobson et al., 2012) (Jeong et al., 2013).
229 Studies such as these provide a basis for epigenetic analyses as the next phase in comparative
230 immunology, and its potential to work alongside next-generation sequencing studies to link gene
231 regulation and expression with environmental conditions (Zhu et al., 2013).

232 Parallel to studies of immune genes, work on the detection of methylation signatures has been carried
233 out in recent years, with different methods of methylation analysis being developed. (Patterson et al.,
234 2011). Methylation profiling has also been applied to recent insect studies. For instance, methylation
235 has been shown to regulate the ability of the bee *Bombus terrestris* to alter its reproduction. In this case,
236 methylation-sensitive amplified fragment length polymorphism (AFLP) was used to identify
237 methylation sites across the genome and investigate the role of methylation in altering reproductive
238 ability (Amarasinghe et al., 2014). However, the question remains as to whether methylation is present
239 in species outside the social hymenoptera, such as *Tenebrio molitor*. The presence of environmentally
240 triggered immune response changes in this species, and their ability to be transferred to subsequent
241 generations, would suggest that this is the case. Furthermore, preliminary work conducted in 2015 has

242 indicated the presence of methylation signatures within the *Tenebrio* genome, confirming it as a
243 candidate mechanism for TGIP (May, 2015).

244 1.5 Research Aims and Hypotheses

245 Previous research (described above) suggests that starvation leads to the downregulations of insect
246 immune responses (Siva-Jothy and Thompson, 2002). However, the mechanistic basis of this
247 downregulation has not been thoroughly investigated. This study addresses that deficit in our
248 knowledge by testing whether changes in genomic DNA methylation signatures are associated with
249 downregulation of the phenoloxidase response in *T. molitor* following a period of starvation. The study
250 tests the hypothesis that *T. molitor* will show changes in DNA methylation after starvation. It also tests
251 whether there is a concurrent downregulation of phenoloxidase enzyme activity in starved beetles.

252

253 2. Materials and Methods

254 2.1 Summary of experimental design

255 To investigate the effects of starvation on methylation patterns of immunoregulatory genes and
256 phenoloxidase activity in the beetle, *T. molitor*, populations were subjected to a period of starvation and
257 subsequent immune challenge. This was followed by immunoassays of phenoloxidase activity and
258 molecular analysis to determine the methylation states of beetle DNA. A complete schematic of
259 methods is provided in figure 3 below.

EXPERIMENTAL DESIGN

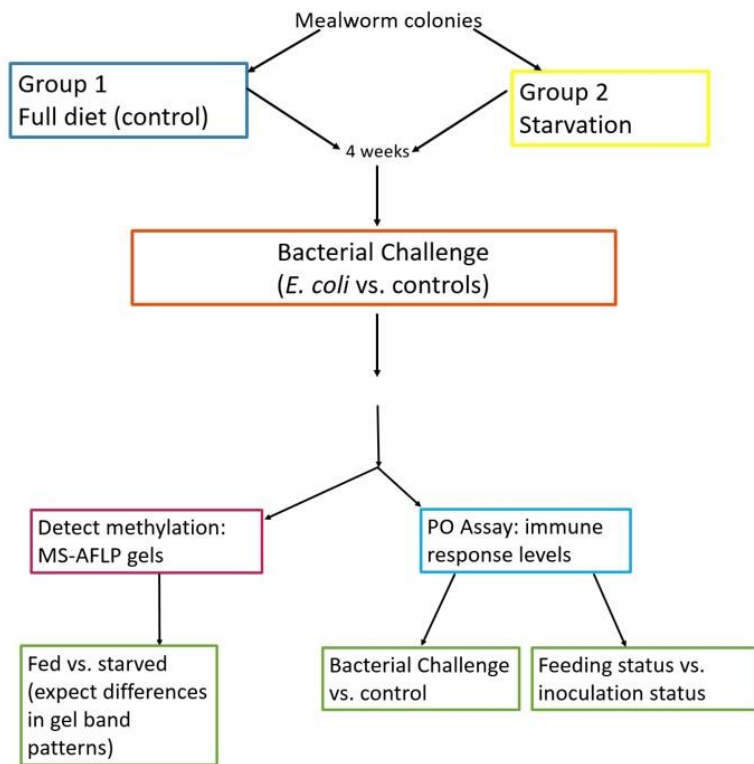


Figure 3. Flow chart of experimental methodology.

2.2 *T. molitor* culture and treatments

Starvation Protocols

To assay changes in methylation and phenoloxidase activity due to environmental stress, 4th-5th instar *T. molitor* larvae (obtained from Pisces Enterprises) were divided into two treatment groups subjected to different feeding conditions for four weeks:

1. Group One (control, fully fed group): *T. molitor* were given a substrate of approximately three cups of edible rolled oats per 40 larvae and supplied with 1 fresh leaf of Chinese cabbage per 40

larvae as a water and nutrient supplement three times a week. Additionally, populations received a protein and sugar supplement of one tablespoon of skim milk powder once a week.

2. Group Two (experimental, starved group): *T. molitor* were cultured on a substrate of approximately three cups of inedible pine shavings, with no ready source of protein or carbohydrate. They received a water and nutrient supplement of one Chinese cabbage leaf only once per week.

Each treatment group comprised five replicate populations in 220 × 140mm plastic containers with forty larvae in each replicate. Additionally, two stock colonies (comprising forty individuals each) were held under conditions mirroring each treatment group. That is, stock colony boxes were held under conditions identical to those of each treatment group. Treatment populations were closely monitored during progression to adulthood, and population density in each replicate was maintained by replacing any dead individuals with those from the stock colonies. Population density was maintained within each replicate to maintain adequate numbers for later division of replicate groups into inoculation treatments and to maintain the amount of food available per individual (see below).

All boxes were kept in a light- and temperature-controlled room, with a light/dark cycle of approximately 12 hours and a constant temperature of approximately 25°C. Arrangements of boxes on shelves were shuffled at random after each observation.

2.2 Bacterial Challenges and Phenoloxidase assays

Bacterial Challenges

At the end of the four-week starvation period, adult *T. molitor* from each treatment group (starved vs fully fed) were subjected to bacterial challenges before they were assessed for phenoloxidase activity and DNA methylation. To administer bacterial challenges, cultures of *Escherichia coli* (strain BMH 71-18 *mutS*) from Macquarie University's Department of Chemistry and Biomolecular Science stocks were grown from frozen competent cells. Bacteria were cultured by inoculating 50mL Falcon tubes containing prepared LB broth with 25µl of defrosted cell stock. Pipette tips used for inoculation were left inside the tubes, and cultures were left overnight to incubate with shaking at 37°C. After

302 incubation, 12mL aliquots were taken and transferred to 15mL falcon tubes. Cultures were then heat-
303 killed by immersion in a water bath at 90°C for 30 minutes.

304 Nine adults taken from each replicate (5 x 9 fully fed and 5 x 9 starved) were inoculated with heat-
305 killed *E. coli* using a pin dipped into the culture solution and inserted into the abdomen. A further nine
306 individuals from each replicate were inoculated in the same manner with phosphate buffered saline
307 (PBS) to act as a sham control, while a further nine individuals per replicate did not undergo any
308 inoculation.

309 Haemolymph was extracted from three bacteria-inoculated, three PBS-inoculated, and three non-
310 inoculated individuals from each replicate at five hours, 24 hours, and 48 hours following inoculation.
311 Haemolymph was extracted by piercing each individual with a sterile pin inserted into the pleura
312 between the head and thorax, with exuding fluid pipetted into PCR tubes and frozen immediately.
313 Following haemolymph extraction, sampled individuals were frozen at -30°C.

314 Extracted haemolymph samples were then diluted 1:20 with a 0.5% Triton X-100 lysing agent in
315 sodium dodecyl sulfate (SDS, 10% in water) prior to phenoloxidase and methylation assays.

316

317 Phenoloxidase assays

318 The phenoloxidase enzyme activity assay reported by Haine et al. (2008, A) was optimized as follows.
319 Initially, PBS was used as a physiological buffer and for dilution of haemolymph samples, both as a
320 1:20 dilution and in serial dilutions across a microtitre plate. Both of these approaches resulted in
321 inconsistencies in the lysis of haemocytes and in the conversion of L-DOPA to dopachrome, as
322 reflected by inconsistent immunoassay results. Following this, SDS (10% in water) was trialed as a
323 substitute for PBS. However, SDS resulted in bubbling within the microtitre plate wells, rendering
324 samples unreadable by the plate reader. Finally, lysing agent Triton X-100 was used as a 0.5% solution
325 in 10% SDS. This solution lysed haemolymph cells adequately without bubbling, as reflected in
326 consistent assay results. Siva-Jothy and Thompson (2002) report using a freeze-thaw method at -90°C
327 to disrupt haemocyte cells for phenoloxidase assays; however due to the need to also extract DNA from
328 sampled individuals freezing at this temperature would have risked denaturing the DNA. Therefore
329 SDS was used as a detergent to lyse cells as a modification to their protocol (Siva-Jothy and
330 Thompson, 2002).

331 Subsequently, phenoloxidase activity in haemolymph samples was measured using a Multiskan plate
332 reader (Thermo-Fisher Scientific), using a protocol adapted from Siva-Jothy and Thompson (2002).
333 Eight μL aliquots of diluted (1:20) haemolymph in 0.5% Triton-X-100 were mixed in the wells of 96-
334 well microtitre plates with 56 μL distilled water, 8 μL L-DOPA substrate (3mg/mL in distilled water) and
335 64 μL 0.5% Triton X-100 in distilled water. Phenoloxidase activity was then measured continuously for
336 50 minutes, using a kinetic stepping measure with shaking at 490nm (Wilson et al., 2011). Enzymatic
337 activity was represented as a maximum reaction rate for each sample, calculated as the mean slope in
338 the first five minutes of each reaction. The maximum reaction rates for different treatments were
339 compared using two-factor ANOVAs where the two factors were feeding treatment and inoculation
340 treatment. Post-hoc analyses were conducted using paired t-tests. Differences between treatments were
341 considered to be significant if $p < 0.05$.

342 2.3 DNA Extraction and Methylation Profiling

343 DNA Extraction

344 DNA extraction from adult *T. molitor* was optimized from the protocol of Chen et al. (2010) as follows.
345 The initial DNA extraction protocol based on Chen et al. (2010) used TriZol (Phenol 30-60%,
346 guanidine thiocyanate 15-40% ammonium thiocyanate 7-13%, Life Technologies) and a modified
347 protocol using SDS yielded too little high quality DNA for subsequent analysis. Hence, a
348 phenol:chloroform:isoamyl alcohol (25:24:1) extraction including a proteinase-K digestion step and a
349 cleanup step with 1,3 bromo-chloro-propane (BCP) to remove excess phenol contamination was
350 adopted. This resulted in consistently adequate DNA concentrations and minimal contamination from
351 other reagents. The finalized DNA extraction protocol was as follows:

352 Adult *T. molitor* specimens that had been frozen following inoculation treatments and haemolymph
353 sampling were dissected, with the head, legs, and elytra removed. Single beetles were then
354 homogenized in a glass homogenizer with 1 mL of lysis buffer. The resulting liquid homogenate was
355 removed to an Eppendorf tube using a glass pipette to minimize accidental transfer of pieces of whole
356 tissue. 10 μL of Proteinase-K (Sigma-Aldrich) was added to each tube, and then sample tubes were
357 incubated overnight at 55°C.

358 Following homogenization and incubation, sample volumes were made up to 500 μL with lysis buffer
359 (10mM NaCl and 10mM tris-HCL in 0.5% SDS) and an equal volume of phenol:chloroform:isoamyl
360 alcohol was added. Tubes were emulsified and centrifuged at $16,000 \times g$ for 5 minutes, resulting in a

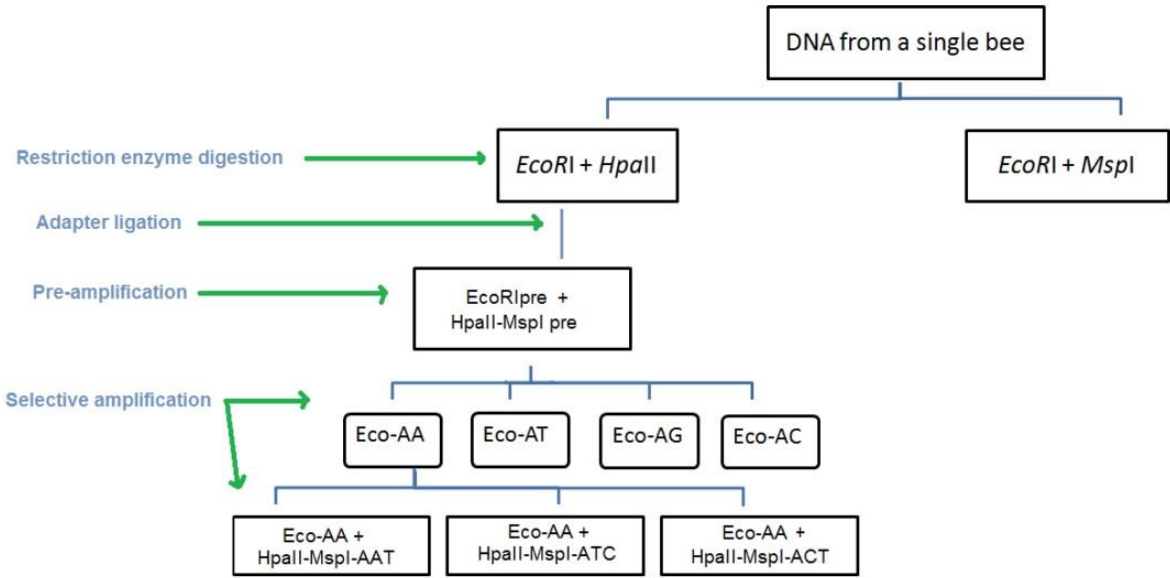
361 phase separation with DNA contained within the uppermost phase. The top aqueous phase was
362 removed to a new tube, while the rest was discarded. Sample volumes were then made up to 1mL with
363 10mM tris-hydrochloride, and an equal volume of 1, 3 bromo-chloro-propane was added. Again,
364 samples were emulsified and centrifuged at $16,000 \times g$ for 5 minutes. This resulted in another phase
365 separation, and once again the aqueous phase was removed to a new tube.

366 To the recovered aqueous phase, 10% of the total sample volume of 3M sodium acetate was added,
367 along with 60% of the total sample volume of isopropanol. Samples were mixed via pipetting, before
368 being centrifuged at $16,000 \times g$ for 15 minutes. This resulted in the formation of a DNA pellet at the
369 bottom of each tube. The aqueous material was discarded, and the remaining pellet was washed with
370 50 μ L of 70% ethanol. A short centrifugation recovered the pellet once more, and the ethanol wash step
371 was repeated. Finally, any remaining ethanol was pipetted off and discarded, and sample tubes were
372 left open for approximately 5 minutes to evaporate any remaining ethanol. The pelleted samples were
373 then resuspended in 50 μ L of a pre-made resuspension buffer (10mM tris-HCL with EDTA) and stored
374 at -30°C .

375 2.4 Methylation Profiling: MS-AFLP

376 To analyze changes in methylation states between fed and starved specimens, methylation-sensitive
377 amplified fragment length polymorphism (MS-AFLP) was carried out on genomic DNA samples
378 according to an established protocol (Amarasinghe et al., 2014). Two restriction enzymes were used,
379 each with a different sensitivity to methylation states: MspI, which binds restriction sites regardless of
380 methylation state, and HpaII, which does not cut at methylated cytosines. Together, the activity of the
381 two enzymes can be compared to detect methylation patterns within a certain recognition site across a
382 genome: 5' CC/GG. As methylated cytosines tend to form C/G rich islands, this recognition site was
383 used along with the two methylation-sensitive restriction enzymes to search for a genome-wide pattern
384 of methylation without the need for a fully sequenced and annotated genome (Amarasinghe et al.,
385 2014). Genome wide restriction fragments were then amplified with 12 sets of sequence specific
386 primers to identify differences in methylation patterns. Enzymes and primers for fragment amplification
387 were selected based on Amarasinghe et al. (2014), where methylation was detected in the genomes of
388 the bumblebee *Bombus terrestris*. Previous testing of this protocol in our laboratory has shown the
389 same protocol amplifies as yet unsequenced regions of the *Tenebrio* genome, as confirmed by gel
390 electrophoresis (see supplementary figures).

391 First, genomic DNA samples were digested with the two restriction enzymes, as two separate reactions
 392 each paired with *EcoRI*. The digest products were then ligated separately with *HpaII*-*MspI* adapters, and
 393 with *EcoRI* adapters. Two rounds of PCR followed, generating overhangs with sticky ends. The *EcoRI*
 394 adapter and *HpaII*-*MspI* adapters then bound to the sticky ends, facilitating PCR on an otherwise
 395 unknown DNA sequence, as the adapters function as universal primer sites. This process is summarized
 396 in figure 4 below.



397

Figure 4. Flow chart of MS-AFLP process, including restriction digestion, ligation, and both rounds of PCR amplification (from Amarasinghe et al., 2014)

400 Adapters and primers used throughout the MS-AFLP process were as reported in Amarasinghe et al.
 401 (2014), and are summarized in Table 1 below.

402

403 Table 1. Summary of primers used throughout MS-AFLP (from Amarasinghe et al., 2014).

Adapter / Primer	Sequence (5' -3')
Ligation	
<i>EcoRI</i> -F	CTCGTAGACTGCGTACC

<i>EcoRI</i> -R	AATTGGTACGCAGTCTAC
HpaII-MspI-F	GACGATGAGTCTAGAA
HpaII-MspI-R	CGTTCTAGACTCATC
Preamplification	
EcoRIpre (EcoRI + 0)	GACTGCGTACCAATTC
HpaII-MspI pre (HpaII-MspI + A)	GATGAGTCTAGAACGGA
Selective amplification (sequence specific primers)	
Eco-AA	GACTGCGTACCAATTCAA
Eco-AT	GACTGCGTACCAATTCAT
Eco-AG	GACTGCGTACCAATTCAG
Eco-AC	GACTGCGTACCAATTCAC
HpaII-MspI-AAT	GATGAGTCTAGAACGGAAT
HpaII-MspI-ACT	GATGAGTCTAGAACGGACT
HpaII-MspI-ATC	GATGAGTCTAGAACGGATT

404

405 Restriction Digest

406 The protocol for MS-AFLP and subsequent PCR was modified from Amarasinghe et al. (2014), as
 407 follows. EcoRI and MspI were used to digest the genomic DNA samples in two separate reactions: an
 408 MspI digest and an HpaII digest. MspI digest reactions consisted of at least 3µl target gDNA (at
 409 500ng/µL) with 0.2µL EcoRI (200 units/µL), 0.25µL MspI (20,000 units/mL), 1µl CutSmart NEB
 410 buffer (New England Biolabs). HpaII digest reactions also used at least 3µL of 500ng/µL target gDNA
 411 and 0.02µL EcoRI (200units/µL), with 0.5µl HpaII and 1µL CutSmart NEB buffer. Reactions were
 412 made up to a total volume of 10µL with distilled water. Digests were then incubated at 37°C for one
 413 hour. Ligation

414 Following this, the digested products were ligated as individual reactions with the EcoRI adapters. 3µl
 415 of digested product were ligated with 7µL of a ligation reaction mix containing:

- 416 1µL EcoRI adapter
- 417 0.25µL T4 DNA ligase
- 418 1µL 10X T4 ligase buffer
- 419 3.75µL distilled water

420 The ligation reaction was then incubated at 37°C for 3 hours and then overnight at room temperature.
421 Following ligation, products were diluted with 100µl of distilled water, to use as a template for PCR.

422

423

424 PCR: Pre-Selective Amplification

425 PCR was carried out in two rounds. The first round, serving as a pre-amplification step, is as follows.

426 1µL ligation product was added to 24µL of a mastermix containing:

427 7.5µL dNTPs (10mM)

428 75µL Flexi reaction buffer (New England Biolabs)

429 37.5µL MgCl₂ (25mM)

430 15µL EcoRI pre-primer

431 15µL HpaII-MspI pre-primer

432 1.5µL GoTaq polymerase (5units/µl) (New England Biolabs)

433 4.1µL distilled water

434

435 PCR was carried out under the following conditions:

436	95°C	3 minutes		
437	95°C	30 seconds	}	X29 cycles
438	55°C	30 seconds		
439	72°C	45 seconds		
440	72°C	3 minutes		

441 With a final holding step at 8°C.

442

443 PCR: Selective Amplification

444 Following the pre-amplification round, 7 μ L of the PCR product was diluted with 93 μ L of distilled
 445 water ready for selective amplification in a second round of PCR. This PCR round used a set of 12
 446 sequence specific primer combinations targeting minor sequence differences. The products from the
 447 pre-amplification step were split into 12 separate reactions, with each reaction given a different primer
 448 combination. Four different kinds of EcoRI primer were used (each terminating in a specific
 449 binucleotide sequence, AA, AT, AG or AC), along with three different MspI/HpaII primers (each
 450 terminating with a specific trinucleotide, AAT, ACT or ATC). Primer combinations are summarized in
 451 table 2 below.

452

Table 2. Primer combinations used in MS-AFLP selective PCR. From Amarasinghe et al., 2014.

EcoRI primers	Eco-AA	Eco-AT	Eco-AG	Eco-AC
MspI-HpaII primers	MspI-HpaII-AAT	MspI-HpaII-AAT	MspI-HpaII-AAT	MspI-HpaII-AAT
	MspI-HpaII-ACT	MspI-HpaII-ACT	MspI-HpaII-ACT	MspI-HpaII-ACT
	MspI-HpaII-ATC	MspI-HpaII-ATC	MspI-HpaII-ATC	MspI-HpaII-ATC

453

454 This separated out different fragments, making it easier to isolate particular fragments and examine the
 455 fragments generated by MspI vs. those from HpaII. 1 μ L diluted PCR product was added to 1 μ L HpaII-
 456 MspI primer, 1 μ L EcoRI primer, and 7 μ L reaction mix (as above). PCR conditions were carried out as
 457 above.

458 The final PCR products were diluted with 100 μ L of distilled water, before gel electrophoresis.

459 2.5 Gel Visualisation and Image Analysis

460 PCR products were electrophoresed on 4-10% polyacrylamide TBE gels, using a mini-PROTEAN
 461 Tetra gel tank (BioRad). Approximately 15 μ L of selective PCR product was loaded into each well, with
 462 2 μ L of 1kb ladder. Electrophoresis was performed at 90 volts for 40-50 minutes in a 1X TAE buffer
 463 solution (242g Tris-HCL, 57.1mL acetic acid, 0.5M EDTA at pH 8.0). Following electrophoresis, gels
 464 were post-stained in a solution of 3% GelRed (Biotium) in water for 30 minutes. Gels were then
 465 imaged under ultraviolet transillumination using a BioRad Gel Doc XR+ system, and analyzed using
 466 Image Lab 5.1 software (BioRad). The number of bands present in each well was recorded.

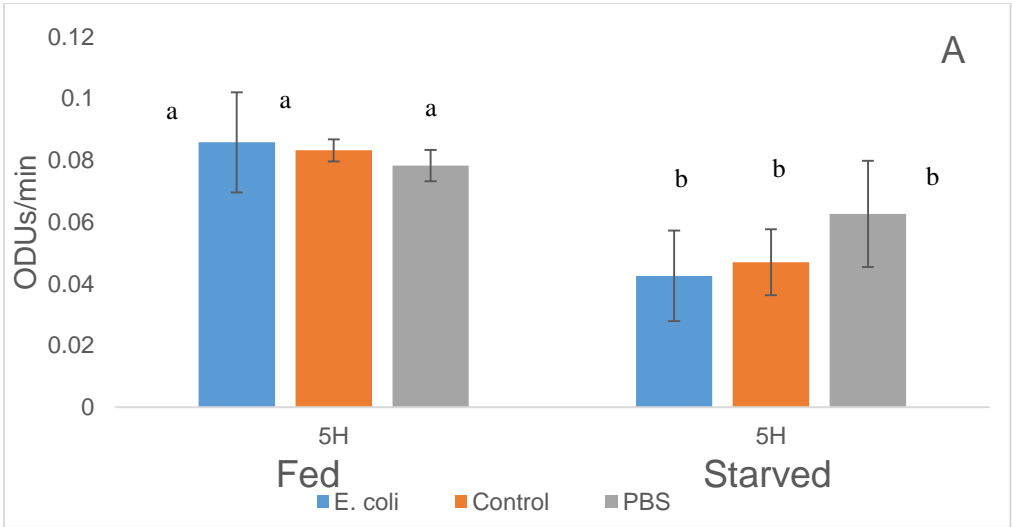
467 The number of bands present after gel electrophoresis were compared between group 1 (fully fed)
 468 samples and group 2 (starved) samples by one-way ANOVA ($p < 0.05$). The mean number of bands for

each primer combination was calculated as a ratio of HpaII bands to MspI bands and compared between group 1 and group 2 samples using a chi-squared test ($p < 0.05$).

3. Results

3.1 Phenoloxidase Activity

Phenoloxidase assays were conducted on haemolymph samples collected at 5 hours, 24 hours, and 48 hours following inoculation (Figure 5, below). Here, phenoloxidase activity is shown as the maximum rate of L-DOPA conversion for each inoculation treatment. Within feeding regimes (fully fed or starved), no significant differences ($p > 0.05$) were evident between the *E. coli* inoculated treatments, PBS inoculated treatments and non-inoculated controls at any of the post-inoculation time points tested. However, phenoloxidase activity did differ significantly between feeding regimes. Five hours after inoculation, phenoloxidase activity among starved *T. molitor* for all three inoculation treatments (*E. coli* inoculated, PBS inoculated and non-inoculated controls) were approximately half that of fully fed beetles (two-factor ANOVA, $p < 0.05$). Full ANOVA tables for these analyses have been appended as supplementary data. Similar levels of inhibition were evident in starved treatments 24 and 48 hours after inoculation, although the L-DOPA reaction plateau meant that differences at these time points were not significant (two-factor ANOVA, $p > 0.05$). Overall, the plateau effect observed in the L-DOPA reaction after five hours meant that any differences observed in the 24 and 48 hour samples were not significant.



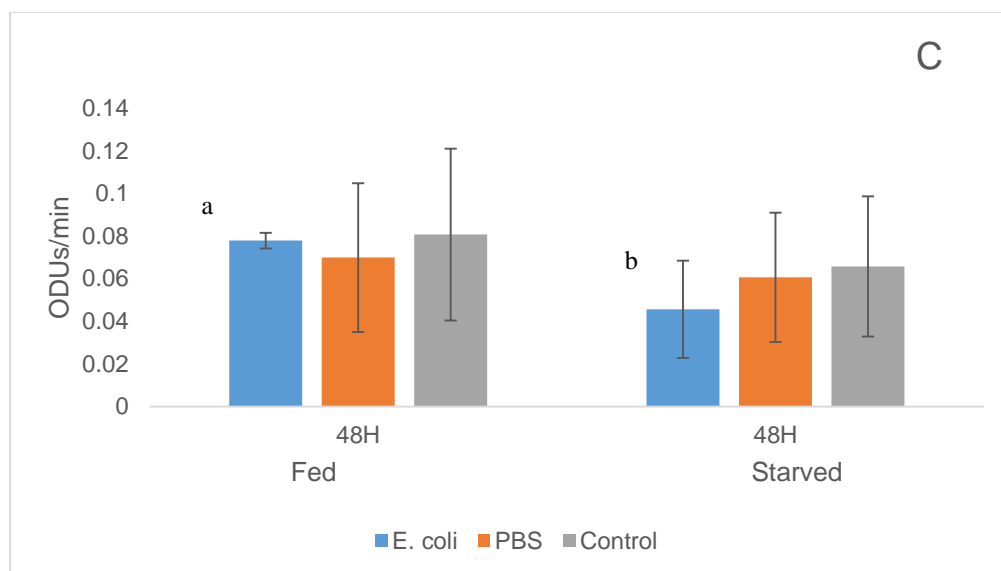
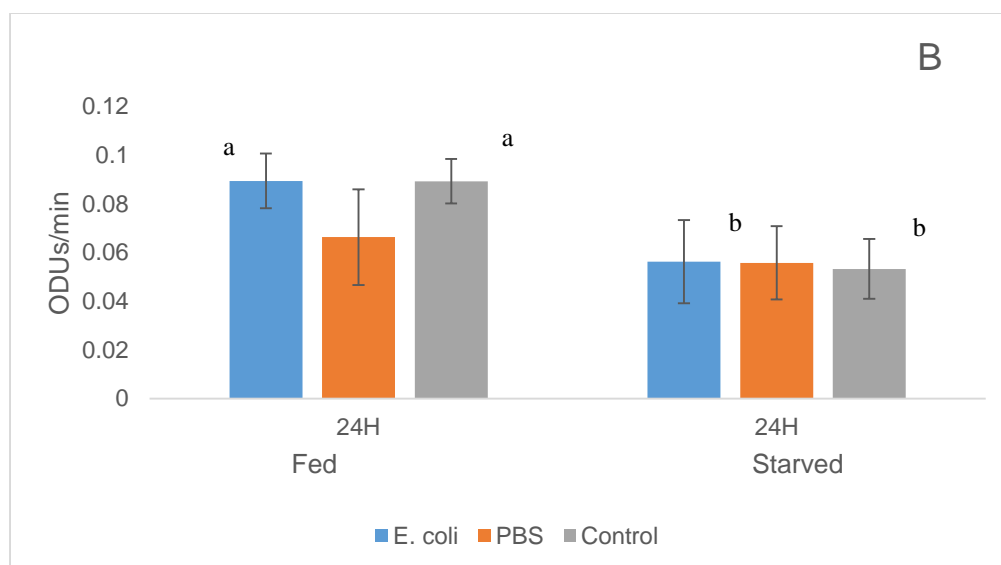


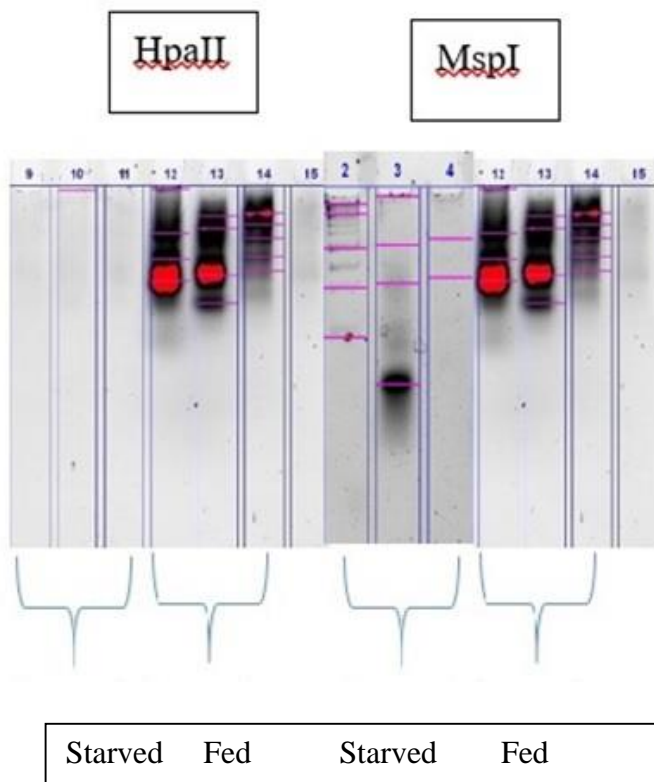
Figure 5. Phenoloxidase activities (ODU₄₉₀/min) of fully fed and starved *T. molitor* five hours (a), 24 hours (b), and 48 hours (c) after the three inoculation treatments (E.coli inoculated, PBS inoculated and non-inoculated (n = 45 per treatment, bars = SEM). Like letters show comparisons that did not differ significantly (p > 0.05).

3.3 Methylation Profiling

Gel electrophoresis resolved numerous discrete amplicons of different sizes in group 1 (fed) and group 2 (starved) treatments using different sequence specific primer combinations (Figure 6).

Primer pairs EAA-HAAT and EAA-HACT did not yield any detectable amplicons in samples from starved beetles (group 2) digested with MspI, and so were removed from the analysis. Of the remaining primer pairs, the highest number of bands was detected in samples from fully fed beetles (group 1) digested with HpaII, whilst the fewest bands were evident in group 2 samples digested with MspI and

499 amplified with EAC-HATC. Figure 6 shows that fewer bands were detected among samples from
 500 starved individuals than those from fully fed beetles regardless of the restriction enzyme or primer pair
 501 used (one way ANOVA, $p < 0.05$). Both HpaII and MspI digests yielded a significant difference in the
 502 number of bands present in fed beetles compared to starved beetles, shown in figure 7 (chi-squared test,
 503 $p < 0.05$). A significant difference in amplification was also found in the HpaII and MspI enzymes
 504 between group 1 and group 2 beetles (chi-squared test, $p < 0.05$), indicating a difference in methylation
 505 patterns between the two groups. In group 1 samples, primer combinations EAA-HACT, EAA-HATC,
 506 EAT-HATC, EAC-HAAT and EAC-HACT showed higher numbers of MspI bands than HpaII bands,
 507 indicating the presence of methylation at these sites. Similarly, in group 2 primer combinations EAT-
 508 HAAT, EAT-HACT, EAT-HATC, EAG-HACT, EAG-HATC, and EAC-HACT showed the same
 509 effect. In both groups, enzyme activity at the remaining primer combinations indicated higher numbers
 510 of HpaII bands than MspI bands, indicating no statistically significant methylation at these sites (figure
 511 8; chi-squared test, $p < 0.05$).



512
 513 Figure 6. Composite images of gel results for MspI (A) and HpaII (B) for group 1 samples vs. group 2 samples.

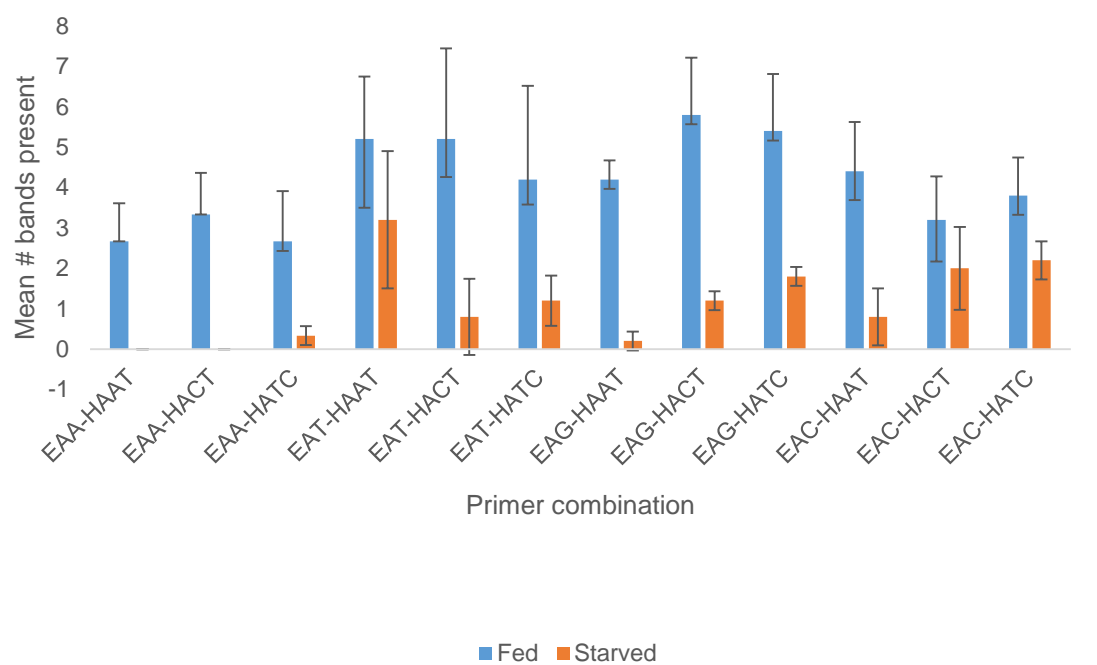
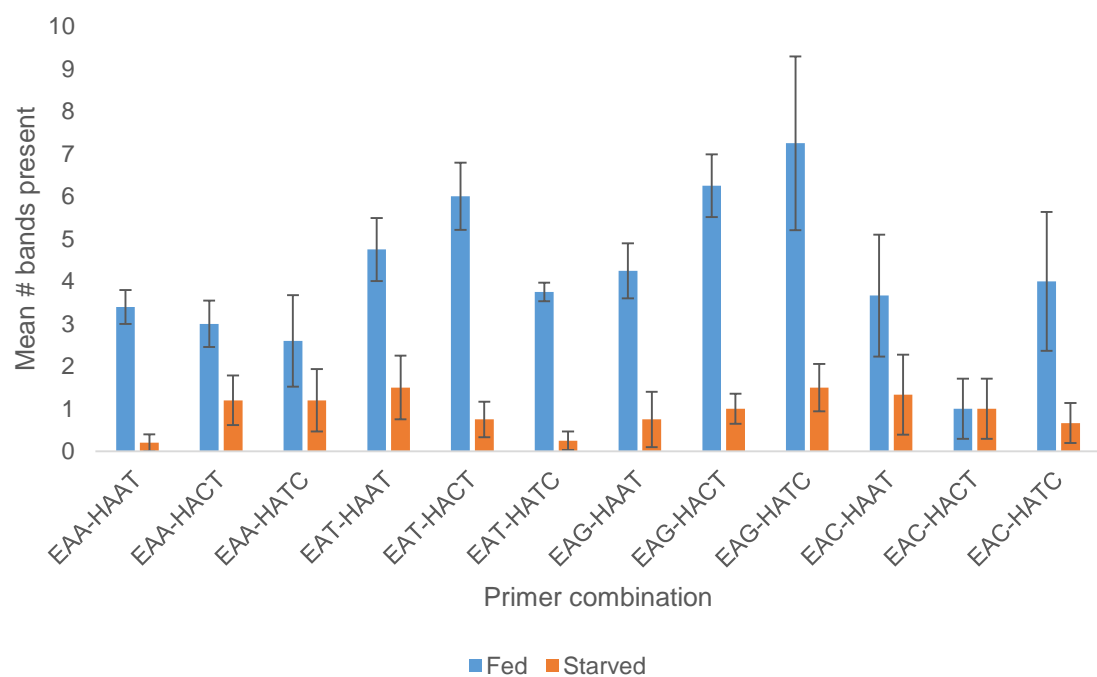


Figure 7. Comparison of HpaII (A) and MspI (B) restriction enzyme amplification in mean number of bands present, showing MS-AFLP results between fed and starved groups.

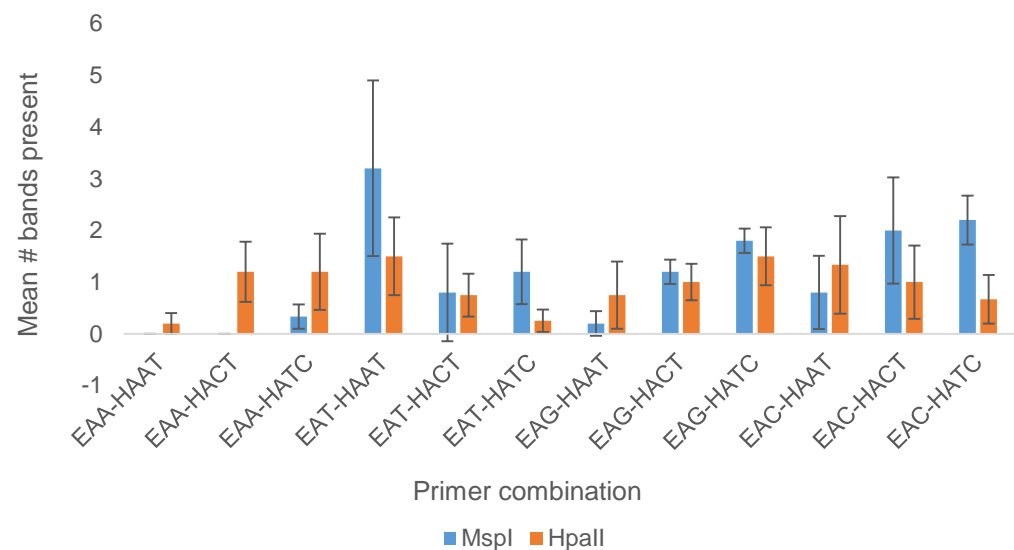
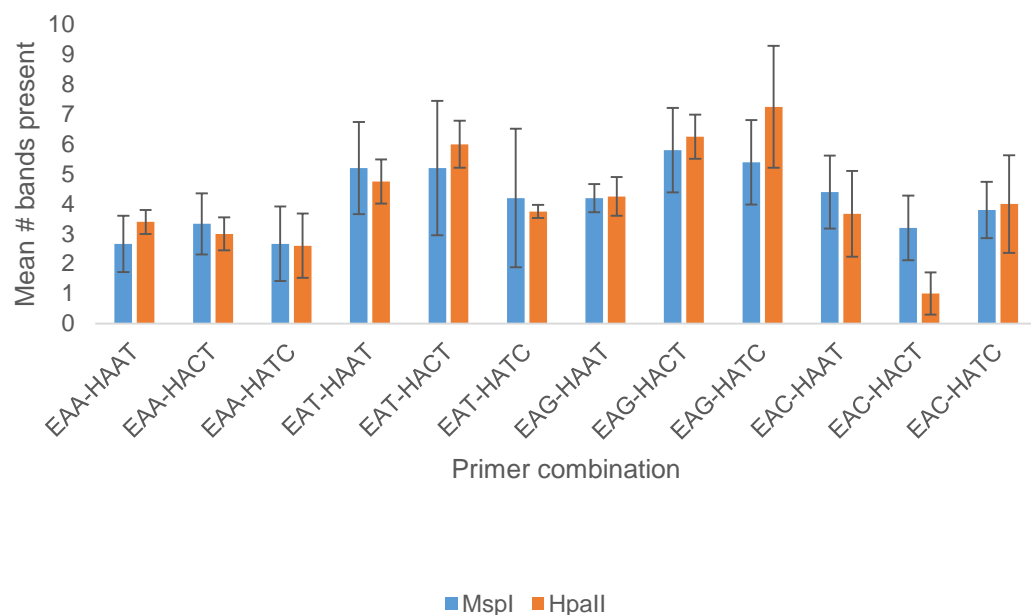


Figure 8. Comparison of primer combination results in group 1(A) and group 2 (B) MS-AFLP results. Significant differences in the number of amplicons present were detected between HpaII and MspI digests (chi-squared test, $p < 0.05$, bars=SEM).

523

524 The mean number of bands present for each primer combination and restriction enzyme are shown in
525 Table 3 below, as a summary of findings.

Table 3. Mean number of bands present for primer combinations and restriction enzymes in each treatment group.

	Group 1		Group 2	
	Mspl	Hpall	Mspl	Hpall
EAA- HAAT	2.7	3.4	0	0.2
EAA- HACT	3.3	3	0	1.2
EAA- HATC	2.7	2.6	0.3	1.2
EAT- HAAT	5.2	4.75	3.2	1.5
EAT- HACT	5.2	6	0.8	0.75
EAT- HATC	4.2	3.75	1.2	0.25
EAG- HAAT	4.2	4.25	0.2	0.75
EAG- HACT	5.8	6.25	1.2	1
EAG- HATC	5.4	7.25	1.8	1.5
EAC- HAAT	4.4	3.7	0.8	1.3
EAC- HACT	3.2	1	2	1
EAC- HATC	3.8	4	2.2	0.7

526

527

528

4. Discussion

529

530

531

532

533

534

535

536

537

This study explored the association between immune system downregulation following a period of starvation and changes in genome-wide methylation patterns in the mealworm beetle *Tenebrio molitor*, and has shown that starvation changes the DNA methylation patterns and phenoloxidase activities of *T. molitor*. However, the lack of responsiveness of beetles to immunological challenge meant that the changes detected in DNA methylation patterns could not be related to altered immunocompetence. As no genome sequence is yet available for this species, this study represents a preliminary study into methylation as a molecular mechanism for downregulation in the insect immune system.

Starvation Treatments

538

539

540

541

542

543

544

545

546

547

Treatment groups for starvation periods and general beetle maintenance were designed to minimize confounding factors such as tank and handling effects. However, it was impossible to rule out the potential for cannibalism confounding starvation conditions, a documented behaviour in this species (Siva-Jothy and Thompson, 2002). To further reduce or eliminate these issues, a larger study must be conducted, involving a much larger sample size and a series of nesting replicates within treatment groups. Furthermore, it must be noted that starvation may trigger a myriad of stress responses unrelated to immunity, with resulting methylation changes. This may be an avenue for future study, benefiting from a fully sequenced genome and transcriptome to cross-reference methylation loci with gene functions.

548

Immune Challenges and Immunoassays

549

550

551

552

553

554

555

Immunoassay results showed a significant difference in phenoloxidase levels between the starved and fed treatment groups, while there was no significant difference between inoculation treatments. This concurs with the background literature for the design of this study (Siva-Jothy and Thompson, 2002; Schmid-Hempel, 2005), and further supports the hypothesis that a period of starvation results in a downregulated immune response compared to that of a fully fed control group. There were also no significant results seen in the 24 and 48 hour inoculation groups, due to an observed plateau in the L-DOPA reaction. However, it must be noted that interactions at different time points within the reaction

have the potential to override single factor effects such as feeding treatment or inoculation treatment. The study needs to be repeated, with a much larger sample size, to further investigate these effects. While there was a significant difference between the fed and starved groups, there was no significant difference between inoculation treatments in the assay results. It must be conceded that methylation cannot be directly associated with immune response. The lack of a significant phenoloxidase activity increase in *E. coli*-treated samples may also be due to procedural error in experimental methods, which still require optimization in future work: due to the culture methods used in maintaining beetle stocks, an undetected baseline immune reaction may have been present at the time of sampling. Additionally, the immunoassay used in this study may not be an optimal method of measuring phenoloxidase activity in this species, particularly if the phenoloxidase cascade relies on exocytosis and subsequent activation rather than simply genetic upregulation (Raftos, 2015). It may also be the case that an alternative cell lysis buffer needs to be found, as SDS may have introduced an element of error into the assays in itself through its role as a detergent. Lastly, phenoloxidase responses were used in this experiment to efficiently and reliably assay immune response levels, given the time restraints and equipment available during the course of this study. Future work would benefit from examining antibacterial activity responses in this species in conjunction with methylation changes, given the bacterial challenge described here, as this may give a more accurate picture of the relationship between immune response and methylation changes.

Methylation-Sensitive AFLP

To compare patterns of methylation across the genome of starved and fully-fed individuals, methylation-sensitive AFLP was conducted according to an established protocol (Amarasinghe et al., 2014). Imaging of selective PCR products via polyacrylamide gel electrophoresis found significant differences in the number of bands present between group 1 and group 2 samples. This indicates that the amplification of methylation patterns by the selected primer pairs is changed as a result of starvation. These observations are supported by previous studies showing environmentally-driven changes in methylation patterns in other species (Amarasinghe et al., 2014). Future studies must be undertaken to investigate the specific interactions of immune responses with methylation states.

Both HpaII and MspI amplification levels were significantly higher in fed samples than in starved samples. These significant differences between the two restriction enzymes in each group at particular

586 primer locations indicate differences in methylation patterns at these loci between fed and starved
587 samples. However, the differences in banding patterns seen between fed and starved samples in MspI
588 digests may be due to errors in the imaging software and band resolution methods used, which will
589 require a process of optimization.

590 Again, while these results cannot be directly associated with immune function, there is further support
591 that environmentally-induced methylation states are present in *T. molitor*. Additionally, given that the
592 MS-AFLP protocol used ensures an equal concentration of DNA per microlitre of sample before
593 proceeding, this study's design ensured that any differences in bands resolved from gel electrophoresis
594 are due to amplification differences.

595 Given the lack of a fully sequenced genome, it must be noted that all pertinent information about gene
596 expression patterns may not be resolved by MS-AFLP. It has been noted that *Tenebrio molitor*
597 gene expression patterns differ under certain stress conditions (Pedersen et al., 2006), and in particular
598 transcribe differently following an immune challenge (Dobson et al., 2012). Although this study did not
599 examine gene expression, the mechanisms responsible for these effects may also have an observable
600 effect on amplification at the genomic level. While supporting this study's hypothesis, previous
601 research indicates that methylation may be only one of many factors responsible for the observed
602 changes in immune response levels and AFLP amplification results in this study. A transcriptomic
603 analysis paired with a starvation treatment and subsequent immune challenge could yield new
604 perspectives not only on mediators of gene expression within *T. molitor* (Wang et al., 2009), but also
605 on genomic immunoregulatory regions that may be conserved between taxa (Chambers and Schneider,
606 2012; Hirahara et al., 2011).

607 This study has demonstrated methylation signatures across particular amplified regions within a whole
608 genome. However, as a rule MS-AFLP is only able to illustrate a correlation between the presence of
609 methylation and starvation treatments, and cannot show enough detail to give insight into the silencing
610 of phenoloxidase genes. Again, we must note that this is impossible given the lack of a sequenced
611 genome. This study represents a preliminary investigation into the presence or absence of methylation
612 and its response to immune system downregulation in this species, and much more work needs to be
613 done here to accurately describe these findings. A q-PCR study will enable more direct examination of
614 any correlation between methylation states and immune gene expression, while amplicon sequencing of
615 isolated DNA fragments would yield a more finely tuned understanding of the genetic expression

616 patterns underlying the observed effects on methylation patterns and amplification. (Grolleau-Julius et
617 al., 2010; Pennisi, 2005).

618

619 Further Applications

620 Similar studies across a variety of insect species would allow future studies to search for the
621 conservation of particular immune gene regions that dictate effector mechanisms (Little et al., 2005;
622 Schaefer and Lyko, 2007), and hence for the conservation of associated methylation patterns. This
623 methylome analysis in turn would give ecological immunologists a greater understanding of the nature
624 of epigenetic change and its effects on gene expression in invertebrate species—a field that has until
625 now been largely overlooked in favour of vertebrate studies (Schaefer and Lyko, 2007). In particular,
626 the extended relevance of insect studies as a proof-of-concept method for exploring epigenetic
627 mechanisms gives a new perspective on host-parasite coevolution (Robertson, 2005).

628 It is clear that invertebrates exhibit an adaptive immune system that is capable of producing adaptive
629 specificity (Kurtz, 2004), as is suggested by both evolutionary theory and previous studies in ecological
630 immunology (Kurtz, 2005). This study represents the first step towards using epigenetic analyses and
631 next generation genomic techniques to generate a bigger, clearer picture of the interaction of the
632 environment with molecular mechanisms that drive the immune system effectors of both vertebrates
633 and invertebrates (Lister et al., 2009). While there is at this point a need for more work to be done in
634 this area, this and the studies discussed above have provided the first steps towards the synthesis of
635 immunology and molecular biology as they relate to insect studies.

636

637

638

639

640 5. Conclusion

641 The concept of innate vs. adaptive immunity in invertebrates has long been the subject of discussion
642 and research, with the consensus gradually shifting to one of acceptance regarding the presence of
643 adaptive immune change in invertebrates (Ziauddin and Schneider, 2012). Modern molecular

techniques have provided support for this, showing remarkable plasticity in insect immune effectors that in turn creates considerable variation within species (Ziauddin and Schneider, 2012). Having accepted adaptive immunity in invertebrate species, research has also focused extensively on the relationship between environmental factors and immune responses, with special emphasis placed on the role of nutrition in dictating how much of an individual's resources are invested in the immune response (Ponton et al., 2013). This has highlighted the role of environmental stressors in catalyzing adaptive changes in immune response, and raised the question of epigenetic change as the mechanism driving such changes. This study has addressed these questions by examining the effects of a period of starvation on phenoloxidase effector responses in *T. molitor* haemolymph in the face of a bacterial infection. This study then analyzed methylation patterns of starved and fully-fed *T. molitor* specimens at the genomic level. It was found that starvation significantly downregulates the levels of phenoloxidase present in haemolymph samples five hours after initial immune challenging, and results in changes in the amplification of methylation patterns by the selected primer pairs at certain loci. While these findings do not directly relate methylation to immune response function, this study confirms the presence of methylation in the *T. molitor* genome and establishes methylation as a possible mechanism for adaptive specificity in insect immune responses. Future research will be able to examine other types of epigenetic modification as mechanisms for immune system adaptations as a direct result of host-parasite coevolution.

These findings therefore have the potential to inform future invertebrate studies as well as immunological studies involving epigenetics (Moret, 2006; Siva-Jothy and Thompson, 2002). Transgenerational immune priming as a result of nutrient deprivation in *T. molitor* presents a crucial first step into this new view of immunology and into the emergent field of epigenetics: not as separate fields of inquiry, but as an integrative approach comprising a synthesis of evolution, immunology, ecology, and epigenetics.

Acknowledgements

The author wishes to thank the following people: Dr. David Raftos, Dr. S.V. Nair, Mr. Muhammad Masood, Mr. Julian May, Dr. C.H. Nair, Dr. Kailing Wang, Mr. Willow Norton, and Mr. James Bickerstaff.

675
676
677
678
679
680
681
682
683
684
685
686
687
688
689
690
691
692
693
694
695
696
697

References

Amarasinghe, H.E., Clayton, C.I., Mallon, E.B., 2014. Methylation and worker reproduction in the
bumble-bee (*Bombus terrestris*).

- 700 Armitage Thompson, J., Rolff, J., and Siva-Jothy, M., S., 2003. Examining costs of induced and
701 constitutive immune investment in *Tenebrio molitor*. *J. Evol. Biol.* 16, 1038–1044.
- 702 Beeler, S.M., Wong, G.T., Zheng, J.M., Bush, E.C., Remnant, E.J., Oldroyd, B.P., Drewell, R. a., 2014.
703 Whole-Genome DNA Methylation Profile of the Jewel Wasp (*Nasonia vitripennis*). *G3:
704 Genes|Genomes|Genetics* 4, 383–388. doi:10.1534/g3.113.008953
- 705 Burnet, F.M., 1969. *Self and Not-Self*, 1st ed. Cambridge University Press.
- 706 Chambers, M.C., Schneider, D.S., 2012. Pioneering immunology: Insect style. *Curr. Opin. Immunol.*
707 doi:10.1016/j.coi.2011.11.003
- 708 Chen, H., Rangasamy, M., Tan, S.Y., Wang, H., Siegfried, B.D., 2010. Evaluation of five methods for
709 total DNA extraction from western corn rootworm beetles. *PLoS One* 5, e11963.
710 doi:10.1371/journal.pone.0011963
- 711 Cotter, S.C., Kruuk, L.E.B., Wilson, K., 2003. Costs of resistance: genetic correlations and potential
712 trade-offs in an insect immune System. *J. Evol. Biol.* 17, 421–429. doi:10.1046/j.1420-
713 9101.2003.00655.x
- 714 Dheilly, N.M., Adema, C., Raftos, D. a., Gourbal, B., Grunau, C., Du Pasquier, L., 2014. No more non-
715 model species: The promise of next generation sequencing for comparative immunology. *Dev.*
716 *Comp. Immunol.* 45, 56–66. doi:10.1016/j.dci.2014.01.022
- 717 Dobson, A.J., Johnston, P.R., Vilcinskis, A., Rolff, J., 2012. Identification of immunological expressed
718 sequence tags in the mealworm beetle *Tenebrio molitor*. *J. Insect Physiol.* 58, 1556–1561.
719 doi:10.1016/j.jinsphys.2012.09.009
- 720 Gillings, M., 2014. Rapid extraction of PCR-competent DNA from recalcitrant environmental
721 samples., in: *Methods in Molecular Biology*. pp. 17–23.
- 722 González-Santoyo, I., Córdoba-Aguilar, A., 2012. Phenoloxidase: a key component of the insect
723 immune system. *Entomol. Exp. Appl.* 142, 1–16. doi:10.1111/j.1570-7458.2011.01187.x
- 724 Grolleau-Julius, A., Ray, D., Yung, R.L., 2010. The role of epigenetics in aging and autoimmunity.
725 *Clin. Rev. Allergy Immunol.* doi:10.1007/s12016-009-8169-3
- 726 Haine, E.R., Moret, Y., Siva-jothy, M.T., Rolff, J., 2008. Antimicrobial defence and persistent
727 Infection in Insects. *Science* (80-.). 322, 1257–1259. doi:10.1126/science.1165265
- 728 Haine, E.R., Pollitt, L.C., Moret, Y., Siva-Jothy, M.T., Rolff, J., 2008. Temporal patterns in immune
729 responses to a range of microbial insults (*Tenebrio molitor*). *J. Insect Physiol.* 54, 1090–1097.
730 doi:10.1016/j.jinsphys.2008.04.013
- 731 Hamilton, W.D., Zuk, M., 1982. Heritable True Fitness and Bright Birds : A Role for Parasites ?
732 *Science* (80-.). 218, 384–387.

- 733 Hirahara, K., Vahedi, G., Ghoreschi, K., Yang, X.P., Nakayamada, S., Kanno, Y., O'Shea, J.J.,
734 Laurence, A., 2011. Helper T-cell differentiation and plasticity: Insights from epigenetics.
735 Immunology. doi:10.1111/j.1365-2567.2011.03483.x
- 736 Jaenisch, R., Bird, A., 2003. Epigenetic regulation of gene expression: how the genome integrates
737 intrinsic and environmental signals. Nat. Genet. 33 Suppl, 245–254. doi:10.1038/ng1089
- 738 Jeong, J.E., Kang, S.W., Hwang, H.J., Chae, S.-H., Patnaik, B.B., Han, Y.S., Lee, J.B., Jo, Y.H., Lee,
739 B.L., Seog, D.-H., Lee, Y.S., 2013. Expressed Sequence Tags (ESTs) analysis of *Tenebrio molitor*
740 larvae. Entomol. Res. 43, 168–176. doi:10.1111/1748-5967.12019
- 741 Jones, P. a, 2012. Functions of DNA methylation: islands, start sites, gene bodies and beyond. Nat.
742 Rev. Genet. 13, 484–92. doi:10.1038/nrg3230
- 743 Kurtz, J., 2005. Specific memory within innate immune systems. Trends Immunol. 26, 186–192.
744 doi:10.1016/j.it.2005.02.001
- 745 Kurtz, J., 2004. Memory in the innate and adaptive immune systems. Microbes Infect. 6, 1410–1417.
746 doi:10.1016/j.micinf.2004.10.002
- 747 Lee, K.P., Simpson, S.J., Wilson, K., 2008. Dietary protein-quality influences melanization and
748 immune function in an insect. Funct. Ecol. 22, 1052–1061. doi:10.1111/j.1365-2435.2008.01459.x
- 749 Lister, R., Pelizzola, M., Dowen, R.H., Hawkins, R.D., Hon, G., Tonti-Filippini, J., Nery, J.R., Lee, L.,
750 Ye, Z., Ngo, Q.-M., Edsall, L., Antosiewicz-Bourget, J., Stewart, R., Ruotti, V., Millar, a H.,
751 Thomson, J. a, Ren, B., Ecker, J.R., 2009. Human DNA methylomes at base resolution show
752 widespread epigenomic differences. Nature 462, 315–322. doi:10.1038/nature08514
- 753 Little, T., O'Connor, B., Colegrave, N., Watt, K., Read, A., 2003. Maternal transfer of strain-specific
754 immunity in an invertebrate. Curr. Biol. 13, 489–492.
- 755 Little, T.J., Hultmark, D., Read, A.F., 2005. Invertebrate immunity and the limits of mechanistic
756 immunology. Nat. Immunol. 6, 651–654. doi:10.1038/ni1219
- 757 Martin, L.B., Hawley, D.M., Ardia, D.R., 2011. An introduction to ecological immunology. Funct.
758 Ecol. 25, 1–4. doi:10.1111/j.1365-2435.2010.01820.x
- 759 Moreau, J., Martinaud, G., Troussard, J.P., Zanchi, C., Moret, Y., 2012. Trans-generational immune
760 priming is constrained by the maternal immune response in an insect. Oikos 121, 1828–1832.
761 doi:10.1111/j.1600-0706.2011.19933.x
- 762 Moret, Y., 2006. “Trans-generational immune priming”: specific enhancement of the antimicrobial
763 immune response in the mealworm beetle, *Tenebrio molitor*. Proc. R. Soc. B Biol. Sci. 273, 1399–
764 1405. doi:10.1098/rspb.2006.3465
- 765 Moret, Y., Siva-Jothy, M.T., 2003. Adaptive innate immunity? Responsive-mode prophylaxis in the
766 mealworm beetle, *Tenebrio molitor*. Proc. R. Soc. B Biol. Sci. 270, 2475–2480.
767 doi:10.1098/rspb.2003.2511

- 768 Patterson, K., Molloy, L., Qu, W., Clark, S., 2011. DNA Methylation: Bisulphite Modification and
769 Analysis. *J. Vis. Exp.* 1–9. doi:10.3791/3170
- 770 Pedersen, S. a., Kristiansen, E., Hansen, B.H., Andersen, R. a., Zachariassen, K.E., 2006. Cold
771 hardiness in relation to trace metal stress in the freeze-avoiding beetle *Tenebrio molitor*. *J. Insect*
772 *Physiol.* 52, 846–853. doi:10.1016/j.jinsphys.2006.05.004
- 773 Pennisi, E., 2005. Immunology. Versatile development gene aids insect immune response. *Science*.
774 doi:10.1126/science.309.5738.1166a
- 775 Ponton, F., Wilson, K., Holmes, A.J., Cotter, S.C., Raubenheimer, D., Simpson, S.J., 2013. Integrating
776 nutrition and immunology: a new frontier. *J. Insect Physiol.* 59, 130–7.
777 doi:10.1016/j.jinsphys.2012.10.011
- 778 Richards, S., Gibbs, R. a, Weinstock, G.M., Brown, S.J., Denell, R., Beeman, R.W., Gibbs, R.,
779 Beeman, R.W., Brown, S.J., Bucher, G., Friedrich, M., Grimmlikhuijzen, C.J.P., Klingler, M.,
780 Lorenzen, M., Richards, S., Roth, S., Schröder, R., Tautz, D., Zdobnov, E.M., Muzny, D., Gibbs,
781 R. a, Weinstock, G.M., Attaway, T., Bell, S., Buhay, C.J., Chandrabose, M.N., Chavez, D., Clerk-
782 Blankenburg, K.P., Cree, A., Dao, M., Davis, C., Chacko, J., Dinh, H., Dugan-Rocha, S., Fowler,
783 G., Garner, T.T., Garnes, J., Gnirke, A., Hawes, A., Hernandez, J., Hines, S., Holder, M., Hume,
784 J., Jhangiani, S.N., Joshi, V., Khan, Z.M., Jackson, L., Kovar, C., Kowis, A., Lee, S., Lewis, L.R.,
785 Margolis, J., Morgan, M., Nazareth, L. V, Nguyen, N., Okwuonu, G., Parker, D., Richards, S.,
786 Ruiz, S.-J., Santibanez, J., Savard, J., Scherer, S.E., Schneider, B., Sodergren, E., Tautz, D.,
787 Vattahil, S., Villasana, D., White, C.S., Wright, R., Park, Y., Beeman, R.W., Lord, J., Oppert, B.,
788 Lorenzen, M., Brown, S., Wang, L., Savard, J., Tautz, D., Richards, S., Weinstock, G., Gibbs, R.
789 a, Liu, Y., Worley, K., Weinstock, G., Elsik, C.G., Reese, J.T., Elhaik, E., Landan, G., Graur, D.,
790 Arensburger, P., Atkinson, P., Beeman, R.W., Beidler, J., Brown, S.J., Demuth, J.P., Drury, D.W.,
791 Du, Y.-Z., Fujiwara, H., Lorenzen, M., Maselli, V., Osanai, M., Park, Y., Robertson, H.M., Tu, Z.,
792 Wang, J., Wang, S., Richards, S., Song, H., Zhang, L., Sodergren, E., Werner, D., Stanke, M.,
793 Morgenstern, B., Solovyev, V., Kosarev, P., Brown, G., Chen, H.-C., Ermolaeva, O., Hlavina, W.,
794 Kapustin, Y., Kiryutin, B., Kitts, P., Maglott, D., Pruitt, K., Sapojnikov, V., Souvorov, A.,
795 Mackey, A.J., Waterhouse, R.M., Wyder, S., Zdobnov, E.M., Zdobnov, E.M., Wyder, S.,
796 Kriventseva, E. V, Kadowaki, T., Bork, P., Aranda, M., Bao, R., Beermann, A., Berns, N.,
797 Bolognesi, R., Bonneton, F., Bopp, D., Brown, S.J., Bucher, G., Butts, T., Chaumot, A., Denell,
798 R.E., Ferrier, D.E.K., Friedrich, M., Gordon, C.M., Jindra, M., Klingler, M., Lan, Q., Lattorff,
799 H.M.G., Laudet, V., von Levetsow, C., Liu, Z., Lutz, R., Lynch, J. a, da Fonseca, R.N., Posnien,
800 N., Reuter, R., Roth, S., Savard, J., Schinko, J.B., Schmitt, C., Schoppmeier, M., Schröder, R.,
801 Shippy, T.D., Simonnet, F., Marques-Souza, H., Tautz, D., Tomoyasu, Y., Trauner, J., Van der
802 Zee, M., Vervoort, M., Wittkopp, N., Wimmer, E. a, Yang, X., Jones, A.K., Sattelle, D.B., Ebert,
803 P.R., Nelson, D., Scott, J.G., Beeman, R.W., Muthukrishnan, S., Kramer, K.J., Arakane, Y.,
804 Beeman, R.W., Zhu, Q., Hogenkamp, D., Dixit, R., Oppert, B., Jiang, H., Zou, Z., Marshall, J.,
805 Elpidina, E., Vinokurov, K., Oppert, C., Zou, Z., Evans, J., Lu, Z., Zhao, P., Sumathipala, N.,
806 Altincicek, B., Vilcinskis, A., Williams, M., Hultmark, D., Hetru, C., Jiang, H.,
807 Grimmlikhuijzen, C.J.P., Hauser, F., Cazzamali, G., Williamson, M., Park, Y., Li, B., Tanaka,
808 Y., Predel, R., Neupert, S., Schachtner, J., Verleyen, P., Raible, F., Bork, P., Friedrich, M.,
809 Walden, K.K.O., Robertson, H.M., Angeli, S., Forêt, S., Bucher, G., Schuetz, S., Maleszka, R.,
810 Wimmer, E. a, Beeman, R.W., Lorenzen, M., Tomoyasu, Y., Miller, S.C., Grossmann, D., Bucher,

811 G., 2008. The genome of the model beetle and pest *Tribolium castaneum*. *Nature* 452, 949–955.
812 doi:10.1038/nature06784

813 Robertson, K.D., 2005. DNA methylation and human disease. *Nat. Rev. Genet.* 6, 597–610.
814 doi:10.1038/nrg1655

815 Rolff, J., Siva-jothy, M.T., 2003. Invertebrate Ecological Immunology. *Science* (80-.). 301, 472–475.

816 Romanoski, C., Glass, C., Stunnenberg, H., Wilson, L., Amouzni, G., 2015. Epigenomics Roadmap for
817 regulation. *Nature* 518, 314–316. doi:10.1038/518314a

818 Sadd, B.M., Kleinlogel, Y., Schmid-Hempel, R., Schmid-Hempel, P., 2005. Trans-generational
819 immune priming in a social insect. *Biol. Lett.* 1, 386–388. doi:10.1098/rsbl.2005.0369

820 Schaefer, M., Lyko, F., 2007. DNA methylation with a sting: An active DNA methylation system in the
821 honeybee. *BioEssays*. doi:10.1002/bies.20548

822 Schmid-Hempel, P., 2005. Natural insect host-parasite systems show immune priming and specificity:
823 puzzles to be solved. *BioEssays* 27, 1026–1034. doi:10.1002/bies.20282

824 Shrestha, S., Kim, Y., 2010. Activation of immune-associated phospholipase A2 is functionally linked
825 to Toll/Imd signal pathways in the red flour beetle, *Tribolium castaneum*. *Dev. Comp. Immunol.*
826 34, 530–537. doi:10.1016/j.dci.2009.12.013

827 Siva-Jothy, M.T., Thompson, J.J.W., 2002. Short-term nutrient deprivation affects immune function.
828 *Physiol. Entomol.* 27, 206–212. doi:10.1046/j.1365-3032.2002.00286.x

829 Trauer, U., Hilker, M., 2013. Parental Legacy in Insects: Variation of Transgenerational Immune
830 Priming during Offspring Development. *PLoS One* 8, e63392. doi:10.1371/journal.pone.0063392

831 Vilcinskas, A., 2013. Evolutionary plasticity of insect immunity. *J. Insect Physiol.* 59, 123–9.
832 doi:10.1016/j.jinsphys.2012.08.018

833 Vilmos, P., Kurucz, É., 1998. Insect immunity: Evolutionary roots of the mammalian innate immune
834 system. *Immunol. Lett.* 62, 59–66. doi:10.1016/S0165-2478(98)00023-6

835 Wang, Z., Gerstein, M., Snyder, M., 2009. RNA-Seq: a revolutionary tool for transcriptomics. *Nat.*
836 *Rev. Genet.* 10, 57–63.

837 Wilson, G.S., Raftos, D. a., Nair, S. V., 2011. Antimicrobial activity of surface attached marine
838 bacteria in biofilms. *Microbiol. Res.* 166, 437–448. doi:10.1016/j.micres.2010.08.003

839 Zhu, J.-Y., Yang, P., Zhang, Z., Wu, G.-X., Yang, B., 2013. Transcriptomic immune response of
840 *Tenebrio molitor* pupae to parasitization by *Scleroderma guani*. *PLoS One* 8, e54411.
841 doi:10.1371/journal.pone.0054411

842 Ziauddin, J., Schneider, D.S., 2012. Where does innate immunity stop and adaptive immunity begin?
843 *Cell Host Microbe* 12, 394–395. doi:10.1016/j.chom.2012.10.004

E. coli vs. control:

Anova: Two-Factor With Replication

SUMMARY	e coli	control	Total
<i>group 1</i>			
Count	5	5	10
Sum	0.430834	0.417895	0.84873
Average	0.086167	0.083579	0.084873
Variance	0.001318	6.51E-05	0.000616
<i>group 2</i>			
Count	5	5	10
Sum	0.214714	0.236923	0.451638
Average	0.042943	0.047385	0.045164
Variance	0.001074	0.000569	0.000736
<i>Total</i>			
Count	10	10	
Sum	0.645549	0.654819	
Average	0.064555	0.065482	
Variance	0.001582	0.000646	

ANOVA						
Source of Variation	SS	df	MS	F	P-value	F crit
Sample	0.007884	1	0.007884	10.42338	0.005253	4.493998
Columns	4.3E-06	1	4.3E-06	0.005681	0.940855	4.493998
Interaction	6.18E-05	1	6.18E-05	0.081666	0.778719	4.493998
Within	0.012102	16	0.000756			
Total	0.020052	19				

PBS vs. control:

Anova: Two-Factor With Replication

SUMMARY	pbs	control	Total
<i>fed</i>			
Count	5	5	10
Sum	0.393108	0.417895	0.811003
Average	0.078622	0.083579	0.0811
Variance	0.000128	6.51E-05	9.26E-05
<i>starved</i>			
Count	5	5	10
Sum	0.315002	0.236923	0.551926
Average	0.063	0.047385	0.055193
Variance	0.001475	0.000569	0.000976
<i>Total</i>			
Count	10	10	
Sum	0.70811	0.654819	
Average	0.070811	0.065482	
Variance	0.00078	0.000646	

ANOVA						
Source of Variation	SS	df	MS	F	P-value	F crit
Sample	0.003356	1	0.003356	6.002562	0.026172	4.493998
Columns	0.000142	1	0.000142	0.253977	0.621157	4.493998
Interaction	0.000529	1	0.000529	0.946285	0.345145	4.493998
Within	0.008946	16	0.000559			
Total	0.012973	19				

3

Supplementary figure 1. ANOVA tables for 5 hour phenoloxidase assays: two-factor ANOVAs with replication.

5

6

7

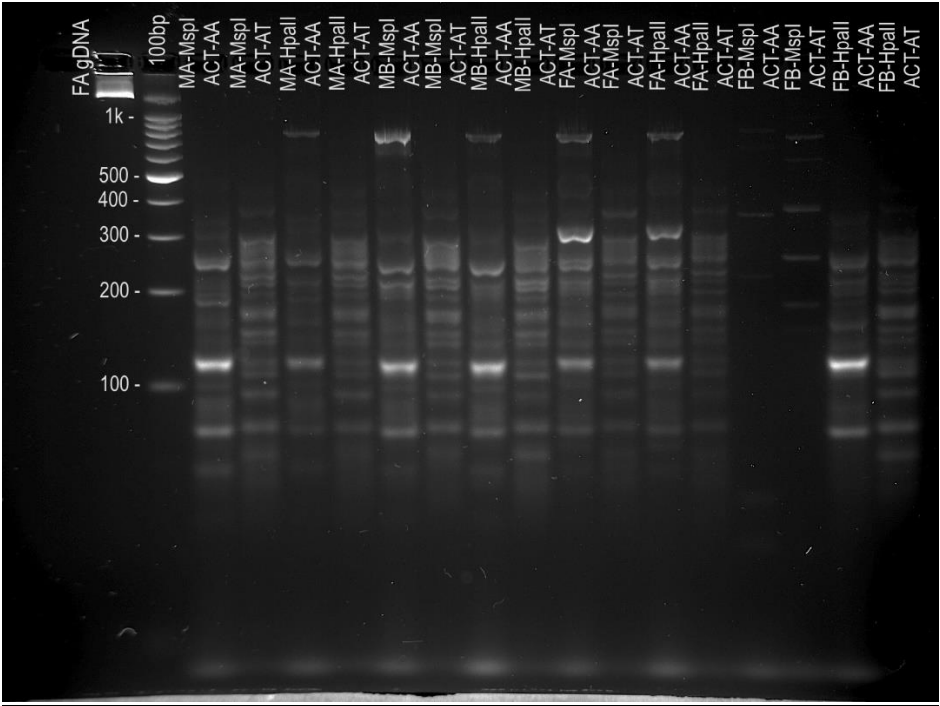
8

9

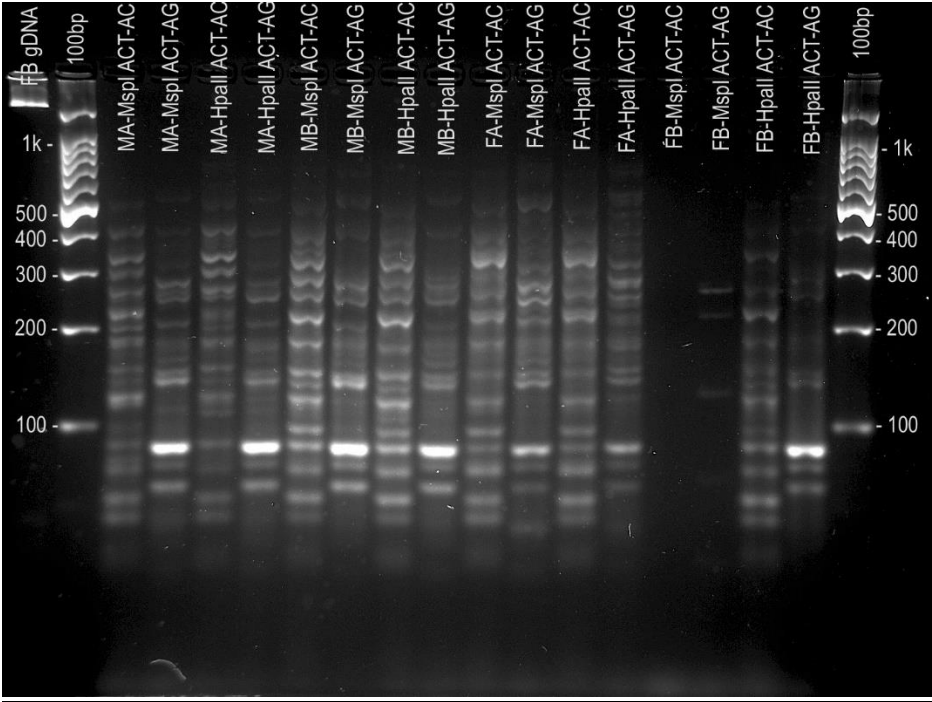
10

11

12



13



Supplementary figure 2. Amplification testing of primer combinations and restriction enzymes used in this study. Tested by J. May, 2014.

16

17

18

19
20
21
22
23
24
25

1
2
3
4
5
6
7
8